



# Brooke County

## SCHOOL-BASED HEALTH CENTER

(304) 527-7461  
29 Bruin Drive  
Wellsburg, WV 26070  
Monday-Friday  
7:00 am – 3:00 pm

## KEEP YOUR TEENAGER UP TO DATE

### VACCINE REQUIREMENTS FOR 12<sup>TH</sup> GRADE:

- **Meningococcal**
- **Meningitis B (Recommended)**
- **HPV Vaccine (Recommended)**
- **Flu Vaccine (Recommended)**



#### **Meningococcal Vaccine**

Meningococcal conjugate vaccine protects against some of the bacteria that can cause meningitis (swelling of the lining around the brain and spinal cord) and septicemia (an infection in the blood). Preteens need the first meningococcal shot when they are 11 or 12 years old. They need a second meningococcal shot at age 16.

#### **Meningitis B Vaccine**

Teens and young adults (16 through 23 year olds) may also be vaccinated with a serogroup B meningococcal vaccine (2 or 3 doses depending on brand), preferably at 16 through 18 years old.

#### **HPV Vaccine**

Human papillomavirus (HPV) vaccines help protect both girls and boys from HPV infection and cancer caused by HPV. Teenagers older than 15 receive a 3 shot series, with the 2<sup>nd</sup> dose being at least 1 month after the first dose, and the 3<sup>rd</sup> dose being 6 months after the 1st. Preteens and teens who haven't started or finished the HPV vaccine series should ask the doctor or nurse about getting them now.

#### **Flu Vaccine**

The annual flu vaccine is the best way to reduce the chances of getting seasonal flu and spreading it to others. Even healthy preteens and teens can get very sick from the flu and spread it to others. The best time to get the flu vaccine is as soon as it's available in your community, ideally by October. While it's best to be vaccinated before flu begins causing illness in your community, flu vaccination can be beneficial as long as flu viruses are circulating, even in January or later.

#### **How can I get help paying for these vaccines?**

The Vaccines for Children (VFC) program provides vaccines for children ages 18 years and younger, who are uninsured, Medicaid-eligible, American Indian or Alaska Native. You can find out more about the VFC program by going online to [www.cdc.gov](http://www.cdc.gov) and typing VFC in the search box.

#### **Where can I learn more?**

Stop by or call (304-527-7461) the health center for your vaccines! You can also find more information about these vaccines on CDC's Vaccines for Preteens and Teens website at [www.cdc.gov/vaccines/teens](http://www.cdc.gov/vaccines/teens).

