

Brooke County Board of Education  
School Health Index and Activity Report  
2016-2017

**Jefferson Primary School**

School Health Index Results:

Strength Identified (81%-100%) was health education. Needs Identified from medium to low range (61%-50%): School Health and Safety, Policies and environment, Health promotion for staff and community involvement.

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Activity Title	Participants	Description
Med Express	23	Students were taught basics on how to properly dispose of tissues after use. Discussed the common cold and health tips for staying healthy.
Gary the Germ	55	Gary the germ talked about different germs and taught students the importance of proper handwashing
Jump Rope	185	Timed – How many times can students jump rope without stopping?
Walk-a-thon, United Way	185	Students walk around the school building four times to raise money for United Way
Student Wellness	3 <sup>rd</sup> and 4 <sup>th</sup> Grade	Students jog 5-10 minutes before each class to help with concentration and self-esteem.
Clean Mind	36	Clean mind is a parent involvement program that starts with healthy choices as well as drug education. Education and material is sent with students to complete with parent or guardian.
Red Ribbon Week "Spirit Days"	185	Red Ribbon week ("Spirit Days") promotes healthy choices and encourages a drug free lifestyle